Norman Park Senior Center

270 F Street (619) 409-1930
www.chulavistca.gov/rec

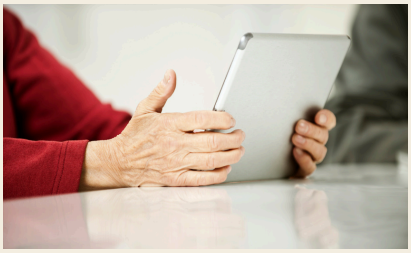
Center Hours of Operation

Monday-Friday 8am - 5pm | Saturday 8am - 1pm | Sunday Closed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning Fitness 8:00-8:45am Pickleball Clinic 9:00-10:00am Circuit Training 9:30-10:30am Art Watercolor-Group 9:00am-12:00pm Tai Chi Chih 10:45-11:45am ($$ Fee) Senior Sketch Circle 12pm -1pm Bridge - Group 12:00-3:00pm Movie Monday 1:00-3:00pm Dance Cardio Party 4:00-5:00pm ($$ Fee)	Morning Fitness 8:00-8:45am Longevity Stick 9:00-9:30am Sole Walkers 9:45am Line Dance All Levels 9:45-11:45am Bereavement 10:00-11:00am 2nd and 4th Tue Club Amistad - Group 12:15-4:00pm Singing Seniors - Group 1:00-3:00pm Beginner Line Dance 5:00-6:00pm	Morning Fitness 8:00-8:45am Pickleball Clinic 9:00-10:00am Circuit Training 9:30-10:30am Pinochle - Group 9:00am-1:00pm Knitting & Crocheting - Groups 9:00 -11:00am Artist Corner Club 11:30am - 12:30pm UCSD Parkinson's Support Group 1:00-2:00pm 1st Wednesday Rummikub 12:30-4:00pm Dance Cardio Party 4:00-5:00pm ($$ Fee)	Morning Fitness 8:00-8:45am Longevity Stick 9:00-9:30am Sole Walkers 9:45am Tech One on One 1:00-3:00pm Garden Club - Group 11am-1pm (3rd Thursday) Pool Tournament 12:00pm Every last Thursday of the Month Chair Yoga 4:00-5:00pm ($$ Fee) Beginner Line Dance 5:00-6:00pm	Pickleball Clinic 9:00-10:00am Circuit Training 9:30-10:30am Mah Jongg - Group 10:00am-2:00pm Crafty Tea Social Hour 10:30-11:30am Book Nook 1:00-2:00pm Bingo 1:00-3:00pm ($$ Fee) Dance Cardio Party 4:00-5:00pm ($$ Fee)	Senior Pickleball Age 50+ 8:00-10:30am Open Pickleball All Ages 10:30am-1:00pm Line Dance 9:45-11:45am



TECH ONE ON ONE



By appointment only!

Smartphones, Tablets, Laptops